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REVIEW

BODY LANGUAGE

Olivia Falcon adds some tech to her beauty routine

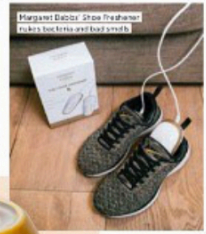
It's a brave new world everywhere at the moment, but also at the (virtual) beauty counter. As someone who still has trouble working my TV remote, I wasn't holding up much hope I'd be able to master Duolab, a new gadget from Provençal skincare superstars L'Occitane (£250, *duolab.com*). It looks a bit like an air purifier but is actually a portable skin lab that mixes bespoke formulas.

First, you use an AI-powered phone app that asks you to take a make-up free selfie to analyse your skin. It can identity dehydration, wrinkles, brown patches, redness and other glitches with *Terminator*-like precision. It then recommends a combination of capsules that slot into the machine and are emulsified together. Ninety seconds later you have a single dose of cream tailored to your skin's needs.

The capsule selection is anchored with three base creams – you're assigned either a light, rich or night formula, which you pair with a choice of eight concentrates ranging from firming and brightening, to soothing and energising. Working Duolab proved to be a doddle – my seven-year-old daughter whipped up three batches in under five minutes for her rather bemused playdate.

Next, step forward the mega minds at Sensai, who are turbo-charging our night-time beauty routine with its Biominesis Veil Diffuser (£330, *harrods.com*). This is an electronic device that seamlessly fires a transparent micro-fibre on to your skin to lock in moisture overnight. You simply apply Sensai's hydrating essence, spray the spider web-like fibre, and peel it off the next morning to reveal the silkiest of skin.

Finally, master podiatrist Margaret Dabbs has just launched a three-in-one Shoe Freshener (£64, *margaretdabbs.co.uk*). I tried this on my husband's stinky trainers, which were practically running out the door by themselves, and it worked a treat. Using electricity to produce oxygen molecules to make bacteria and germs, the shoes are then dried from the inside out, which is apparently much better than leaving them on a radiator. ■


Margaret Dabbs' Shoe Freshener rules bacteria and bad smells

Duolab brings bespoke skincare to your bathroom

MIND & MATTER

DABBLE

Noble Panacea Intense Renewal Serum
Soring's new must-have beauty brand has super-cool, eco-friendly packaging, plus formulas to reboot lacklustre skin. £330, *noble panacea.com*

DISCONNECT

Vanessa Kandiyoti guided meditations
One-to-one or online meditation sessions for people that can't sit still. Vanessa's techniques calm and soothe racing minds. From £180, *vanessakandiyoti.com*

REBOOT

Natura Bissé Inhibit Tensolift Neck Mask
The antidote to wrinkly tech necks, this lifting and plumping sheet mask smoothes out fine lines. £22, *net-a-porter.com*

PHOTOS: GETTY IMAGES